



## Mail Handlers Benefit Plan -- Your VSP WellVision® Coverage At a Glance

Benefit	Frequency <i>(Based on calendar year)</i>	Copayment	Coverage from a VSP doctor
<b>Eye Care Wellness</b> – Regular exams are essential for protecting your visual wellness.			
<b>Exam</b>	12 months	\$10	Covered in full.
<b>Prescription Eyewear</b> – You may choose between glasses or contacts.			
<b>Lenses</b>	12 months	\$10 (applied to lenses & frame)	Single vision, lined bifocal and lined trifocal lenses covered in full.
<b>Frame</b>	24 months		Frame of your choice covered up to \$120
<b>Contact Lenses</b>	12 months	None	\$120 allowance
When you choose contacts instead of glasses, your \$120.00 allowance applies to the cost of your lenses and the fitting and evaluation exam. This exam is in addition to your vision exam to ensure proper fit of contacts.			
<b>Advantages of Coverage</b>			
Without coverage, an exam and prescription glasses can cost \$300 or more. With VSP coverage, you'll save.			
<b>Your Contribution</b>			
Employee Only \$8.60/month		Employee + Family \$16.00/month	
<b>Value Added Discounts on Laser VisionCare<sup>SM</sup></b>			
VSP has contracted with many of the nation's finest laser surgery facilities and doctors, offering you a discount off PRK and LASIK surgeries, available through contracted laser centers.			

### Always Accepting New Patients

VSP network doctors are located right where you need them — close to work, home and shopping malls. They provide top quality care and offer a wide selection of frames to choose from — all at one convenient location. Their commitment to care and service grows with you and your family for a lifetime of care.

### No ID Cards. No Claim Forms. Easy as 1, 2, 3.

1. Find a VSP doctor at [vsp.com/go/mailhandlers](http://vsp.com/go/mailhandlers) or call 1-800-254-0227.
2. Make an appointment and tell the doctor you are a VSP member.
3. Your doctor and VSP will handle the rest.

### VSP.com/go/mailhandlers – Answers Anytime, Anywhere.

What's important to you? Do you need an evening appointment? Interested in a doctor who focuses on sports eyewear or children? Looking for a credible resource for an eye condition such as pink eye and allergies? Do you want a personalized VSP card? Visit [VSP.com/go/mailhandlers](http://VSP.com/go/mailhandlers) today. You'll like what you see.

### Out-of-Network Providers

Dollar for dollar you get the best value from your VSP benefit when you visit a VSP network doctor. If you decide not to see a VSP doctor, copays still apply. You'll also receive a lesser benefit and typically pay more out-of-pocket. You are required to pay the provider in full at the time of your appointment and submit a claim to VSP for partial reimbursement. If you decide to see a provider not in the VSP network, call us first at 800-254-0227.